

# 2025

Age: 14 years at 1 July 2025 | Dance Classification: Senior



## Advanced Foundation

Welcome to Sonja Dene Dance Studio's, we look forward to sharing everything dance with you! We have included all the important information you will need that will answer any questions you may have. We've got it all covered in this pack so you can quickly refer to the right information and it's at your fingertips any time!

Students will be challenged with pointe work, solo dance variations and more complex combinations of dance steps and their correct terminology that will be required knowledge for ballet exams.



## Dance Program

DAY	CLASS TIME	CLASS
Monday	6.00pm-7.00pm	Musical Theatre
	7.00pm-8.00pm	Jazz
	8.00pm-9.00pm	Lyrical
Tuesday	4.30pm-6.00pm	Open Classical
	6.00pm-7.30pm	Contemporary
	7.30pm-8.30pm	Acrobatic Arts
Thursday	7.00pm-8.15pm	Advanced F (RAD Syllabus)
	8.15pm-9.00pm	Variations (RAD Syllabus)
Saturday	1.30pm-2.15pm	Conditioning
	2.15pm-3.15pm	Pointe
	3.15pm-4.30pm	Advanced F (RAD Syllabus)

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## Advanced Foundation

<b>Term One</b>	<b>Term Two</b>
Monday 3 February - Saturday 12 April	Monday 28 April - Saturday 5 July
<b>Term Three</b>	<b>Term Four</b>
Monday 21 July - Saturday 27 September	Monday 6 October - Saturday 13 December

### Ballet Package

Conditioning  
Contemporary  
Open Classical  
Pointe  
Syllabus x 3

Single Class  
\$20 p/w

Full Ballet  
Package  
\$77 p/w

### Performing Arts Package

Acrobatic Arts  
Jazz  
Lyrical  
Musical Theatre

Single Class  
\$20 p/w

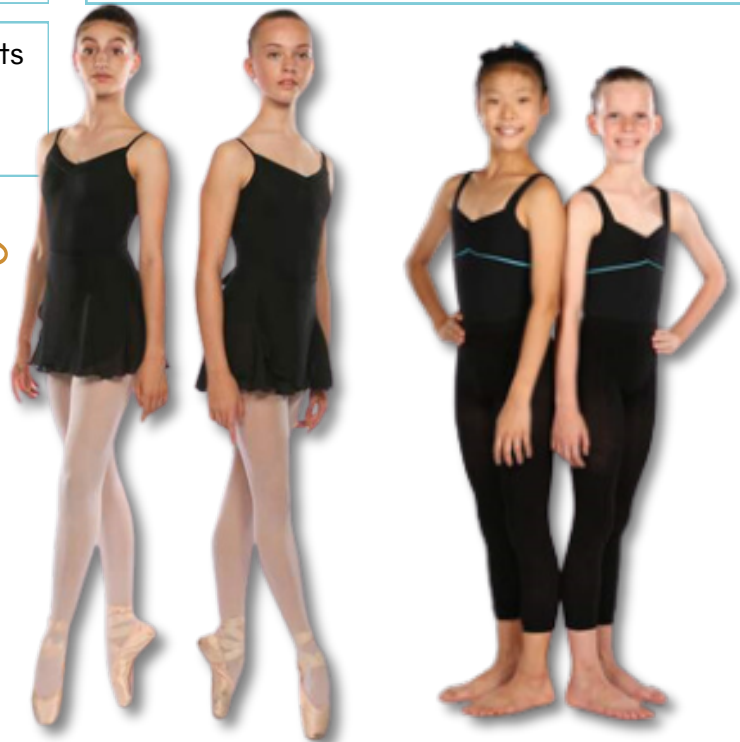
Full Performing Arts  
Package  
\$77 p/w

### Uniform Stockists

#### **BLOCH ROUSE HILL**

GR045, 10-14 Market Lane, Rouse Hill NSW  
2155, 8882 9415

*A complete list of your dance uniform needs is held at the store, just mention SDDS!*



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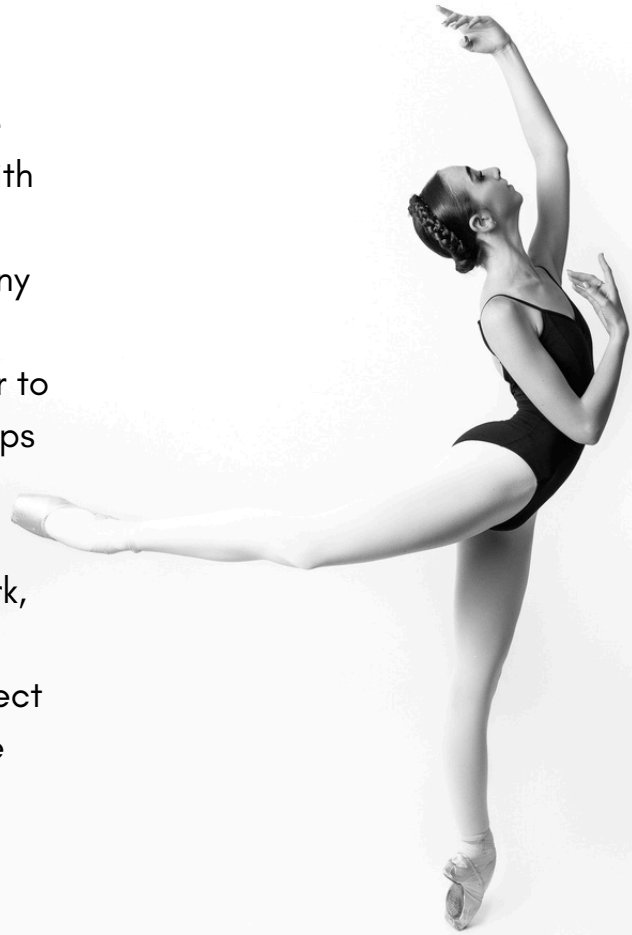
Age: 15 years at 1 July 2025 | Dance Classification: Senior



## Advanced 1

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## Advanced 1

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Acrobatic Arts  
Jazz  
Lyrical  
Musical Theatre

Single Class  
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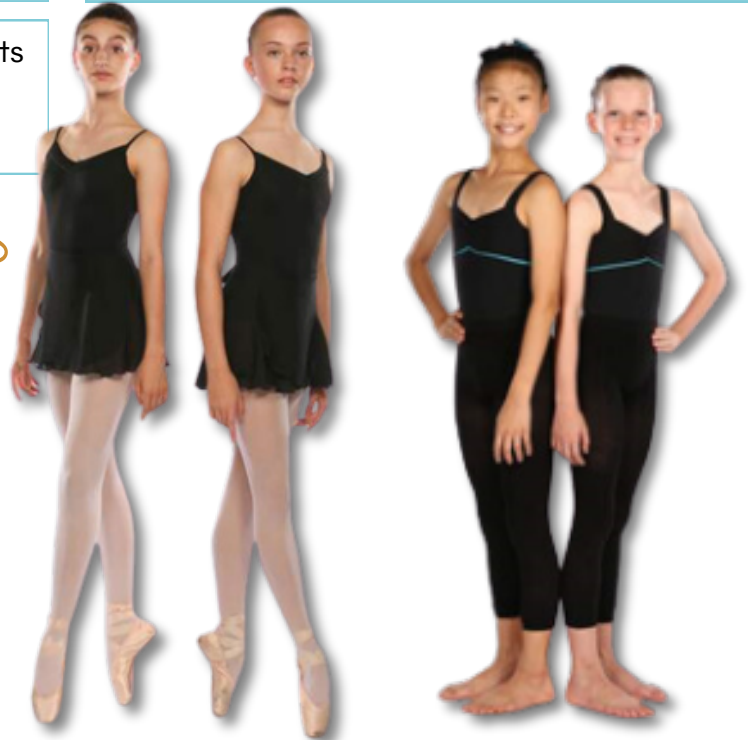
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